

Out of town Meetings

SUNDAY 7:30 PM CD

Sunday Discussion, St. Andrews United Church, 291 Plaunt St. S. **Renfrew**

MONDAY 7.00 PM CD

Bancroft New Hope, Our Lady of Mercy, 196 Bridge St. W **Bancroft**

MONDAY 8.00 PM OS

Gold Bond Group, Catholic Church, **Eganville**

TUESDAY 7:30 PM CD

White Lake CD Group, Presbyterian Church, 3 Burnstown Rd, **White Lake**

WEDNESDAY (Tues Jan) 7.00 PM CD

Primary Purpose Big Book Meeting, 12 Lake St, **Killaloe**

WEDNESDAY 8.00 PM CD

Steps & Traditions Group, Chrysostom Church 295 Albert St, **Arnprior**

THURSDAY 8.00 PM OS

Way of life Group, United Church Hall, 27 Main St, **Cobden**

FRIDAY 8.00 PM OS

Douglas Group, Bromley Township Hall, 1766 Barr Line Rd, **Cobden**

SATURDAY 10:30 AM CD W

Living in the Solution, Meeting ID: 899 492 487 613-633-3462 for password

SATURDAY 7.00 PM OD

St. John Chrysostom Church, 295 Albert Street **Arnprior**

See maps, directions, info, etc. at:

www.pembrokeaa.org

Are you an alcoholic?

1. Have you ever decided to stop drinking for a week or so, but only lasted for a couple of days?
2. Do you wish people would mind their own business about your drinking —stop telling you what to do?
3. Have you ever switched from one kind of drink to another in the hope that this would keep you from getting drunk?
4. Have you had to have an eye-opener upon awakening during the past year?
5. Do you envy people who can drink without getting into trouble?
6. Have you had problems connected with drinking during the past year?
7. Has your drinking caused trouble at home?
8. Do you ever try to get "extra" drinks at a party because you do not get enough?
9. Do you tell yourself you can stop drinking any time you want to, even though you keep getting drunk when you don't mean to?
10. Have you missed days of work or school because of drinking?
11. Do you have "blackouts"?
12. Have you ever felt that your life would be better if you did not drink?

Meeting list Updated:

June 29, 2024

Alcoholics Anonymous

Area 83, District 74
Pembroke & area
Meetings

You are not alone.

Pembroke help-line
1 (877) 746-7360



AA Groups:

Language of the Heart - River Group
The Hand of AA – New Hope
Petawawa Triangle Group – Light of Life
Step Sisters Group
Centre Group - West End Group
Windsor New Freedom Group

SUNDAY

8:00 AM. Triangle Group, Zoom Meeting
ID: 828 5463 9222 Passcode: 1957 CD

7:00 PM West End Group,
Holy Name of Jesus Church,
295 First Ave North, Pembroke CD/WA

7.30 PM Triangle Group All Saints
Anglican Church, 1173 Victoria St,
ID: 828-5463-9222, passcode 1957
Petawawa OS Hybrid

MONDAY

8:00 AM. Triangle Group, Zoom Meeting
ID: 828 5463 9222 Passcode: 1957 CD

8:00 AM. Triangle Group, All Saints
Anglican Church, 1173 Victoria St, CD

8:00 PM Hand of AA
42 Renfrew St. Pembroke CD

7:00 PM River Group, Real Hope Christian
Assembly, 33019 Hwy 17, Deep River
Zoom Meeting ID: 618 984 261 Passcode:
Monday CD

7:30 PM. Triangle Group, All Saints
Anglican Church, 1173 Victoria St,
Petawawa Lit

Names & Numbers

TUESDAY

8:00 AM. Triangle Group, Zoom Meeting
ID: 828 5463 9222 Passcode: 1957 CD

8:00 AM. Triangle Group, All Saints
Anglican Church, 1173 Victoria St, CD

7:00 PM Language of the Heart, St.
Francis Chapel, 9 Festubert, Petawawa OD

7:30 PM Light of Life,
St. John's Lutheran Church,
357 Miller St., Pembroke OD

WEDNESDAY

8:00 AM. Triangle Group, Zoom Meeting
ID: 828 5463 9222 Passcode: 1957 CD

8:00 AM. Triangle Group, All Saints
Anglican Church, 1173 Victoria St, CD

12:00 Noon Step Sisters
Women's Recovery Group
Zoom Meeting ID: 448 084 610 Passcode:
Wednesday OD

7:30 PM Triangle Group, All Saints
Anglican Church, 1173 Victoria St,
Petawawa CD

THURSDAY

8:00 AM. Triangle Group, Zoom Meeting
ID: 828 5463 9222 Passcode: 1957 CD

8:00 AM. Triangle Group, All Saints
Anglican Church, 1173 Victoria St, CD

7:00 PM The Hand of AA
Victoria Hall, 42 Renfrew St., Pembroke
Beginners Meeting (Downstairs)

FRIDAY

8:00 AM. Triangle Group, Zoom Meeting
ID: 828 5463 9222 Passcode: 1957 CD

8:00 AM. Triangle Group, All Saints
Anglican Church, 1173 Victoria St, CD

1:00 PM New Hope Group, Pembroke
Legion, 202 Pembroke St E, Pembroke OD

7:00 PM West End Group,
Holy Name Church,
295 First Ave North, Pembroke CD/WA

7:00 PM River Group, Real Hope Christian
Assembly, 33019 Hwy 17, Deep River
Meeting ID: 587 296 371 Passcode: Friday
OS/WA

8:30 PM. Triangle Group, Zoom Meeting
ID: 837 1102 9109 Passcode: 1957 CD

SATURDAY

7:30 AM. Triangle Group, Zoom Meeting
ID: 828 5463 9222 Passcode: 1957 CD

9:00 AM Windsor New Freedom Group,
Zoom Meeting ID: 737 910 243 Passcode:
Saturday

9:00 AM Windsor New Freedom Group,
The Grind, 273 Victoria St, Pembroke
OD/WA

7:00 PM Centre Group,
Zoom Meeting ID: 127 773 396 Passcode:
Saturday

7:00 PM Centre Group,
First Evangelical Missionary Church,
39 Shalom St, Pembroke OD/WA

CD - Closed discussion **OD** - Open discussion
WA - Wheel chair accessible **OS** - Open speaker
Lit - Literature (12 steps, 12 traditions and Big Book)